

A comprehensive strategy for alcohol, narcotics, doping and tobacco policy, 2016–2020



The overarching objective for ANDT policy remains firm

A society free from narcotic drugs and doping, with reduced alcohol-related medical and social harm and reduced tobacco use.

Results of the strategy period 2011–2015

- **Alcohol consumption and smoking are declining among young people.**
- **Hazardous consumption of alcohol is declining among young people but increasing among people over 65.**
- **Smoking is more common among women than men, and among older people than younger people.**
- **Smoking is declining in the population, apart from among people over 65, people with low incomes and children subjected to passive smoking in the home.**

Results of the strategy period 2011–2015

- **Narcotics use is relatively stable – cannabis is most common.**
- **Cannabis is mainly used by young adults.**
- **Tentative decrease in narcotics use among compulsory and upper secondary school pupils in the last year.**
- **Narcotics-related fatalities remain high.**
- **Data on trends in doping substances not available.**

Conclusions

- **Positive trend among young people, but far too many consume alcohol and tobacco.**
- **Alcohol and tobacco consumption reveals socio-economic and demographic differences.**
- **Cannabis use among young people is generally stable, but there are social and regional differences.**

Conclusions

- **Preventive measures at population level need to be supplemented with targeted measures for people in socially vulnerable situations.**
- **Effective ANDT prevention work must take account of gender, age, and socio-economic and demographic factors.**

Perspectives in ANDT work

- **Everyone has the right to enjoy the best possible physical and mental health.**
- **ANDT policy is part of Swedish welfare and rests on solidarity.**
- **It should also contribute to the Government's objective to close avoidable health gaps within a generation.**

Perspectives in ANDT work

- **Social and gender equality must be systematically taken into account in implementation and follow-up.**
- **Measures must be based on knowledge – policy is not static, it needs to be constantly reviewed and developed.**
- **Measures targeting children must also take account of gender, age, socio-economic background and place of residence.**

Objectives and fields of action

- **The Government has set six objectives for future work.**
- **The fields of action state what should be prioritised.**
- **The fields of action cover measures at national, regional and local level.**

Access to alcohol, narcotics, doping substances and tobacco must be reduced

- **Collaboration between ANDT prevention work and crime prevention work at all levels.**
- **Combating illegal trade and a restrictive and clearly regulated legal trade via digital media.**



Access to alcohol, narcotics, doping substances and tobacco must be reduced

- **Stricter regulation to reduce illegal tobacco trade.**
- **Coordinated, effective and equal alcohol and tobacco supervision.**

The number of children and young people who start to use narcotics, doping substances and tobacco or who first drink alcohol early must be progressively reduced.

- **Regulation and supervision to limit the marketing and exposure of alcohol and tobacco.**
- **Effective work to combat unauthorised sale of alcohol and tobacco.**



The number of children and young people who start to use narcotics, doping substances and tobacco or who first drink alcohol early must be progressively reduced.

- **Dissemination and application of knowledge-based cannabis prevention work.**
- **Schools that promote health on the basis of pupils' different circumstances and needs.**

The number of women and men, and girls and boys, who become involved in the harmful use or abuse of or dependence on alcohol, narcotics, doping substances or tobacco must be progressively reduced.

- **Highlight and prevent ANDT-related ill health among women and men, and girls and boys, within health and medical care, social services and other arenas.**
- **Work to prevent doping in sports for exercise.**



Women and men, and girls and boys, with abuse or addiction problems must be given greater access to good-quality care and support on the basis of their circumstances and needs.

- **Collaboration between health and medical care and social services, as well as other actors, for coordinated care based on the specific circumstances and needs of women and men, and girls and boys.**
- **Measures to reach women and men, and girls and boys, in vulnerable social and health situations as a result of abuse or addiction.**

The number of women and men, and girls and boys, who die or are injured as a result of their own or others' use of alcohol, narcotics, doping substances or tobacco must be reduced.

- **Highlighting hazardous use and addiction early among parents-to-be.**
- **Highlighting and offering appropriate support to girls and boys born with injuries as a result of ANDT or who are growing up in families affected by abuse or other deficiencies of care, including violence, linked to alcohol or narcotics.**

The number of women and men, and girls and boys, who die or are injured as a result of their own or others' use of alcohol, narcotics, doping substances or tobacco must be reduced.

- **Strategic and long-term work to combat narcotics-related fatalities among women and men, and girls and boys.**
- **Measures to combat traffic-related injuries and fatalities as a result of alcohol and narcotics use.**

An EU and international approach to ANDT that is based on public health.

Working to:

- **develop narcotics issues in global development cooperation**
- **ensure a public health-oriented view of narcotics within the EU and the UN**
- **ensure that the WHO takes a broad public health policy approach to narcotics issues before 2019**



An EU and international approach to ANDT that is based on public health.

Working to:

- **implement the WHO Framework Convention on Tobacco Control**
- **put in place a common EU alcohol strategy**
- **promote international efforts to combat doping, with sport as the starting point**
- **promote Nordic cooperation**

The Government supports the objective to achieve a smoking-free Sweden by 2025.

- **The Government wants to see a continued reduction in tobacco use and the end of smoking as a predominant public health problem.**
- **The objective of a smoking-free Sweden is being pursued by a number of organisations that work on tobacco prevention.**
- **The Public Health Agency of Sweden is to monitor and report on developments towards this objective.**

Implementation and follow-up

The Public Health Agency of Sweden is to have overall responsibility for supporting the implementation of the strategy through

- national coordination
- ensuring effective and knowledge-based work
- responsibility for overall activity follow-up
- administration and further development of the follow-up systems needed
- initiatives and measures to achieve the objectives.

Other agencies have a role to play in achieving the strategy's objectives

- **National Council for Crime Prevention**
- **Swedish Consumer Agency**
- **Swedish Prison and Probation Service**
- **Swedish Coast Guard**
- **Medical Products Agency**
- **Agency for Family Law and Parenthood Support**
- **Swedish Police Authority**
- **National Board of Health and Welfare**
- **National Board of Institutional Care**
- **Swedish National Agency for Education**
- **Swedish Transport Administration**
- **Swedish Transport Agency**
- **Swedish Customs**

Regional and local levels essential to achieving the strategy's objectives

- **Several of the municipalities' activities involve ANDT prevention work.**
- **The health and medical services should act to prevent ill health.**
- **The county administrative boards' ANDT coordination function is to support implementation of national ANDT policy in the county.**
- **The county administrative boards also have certain tasks involving alcohol and tobacco supervision.**

More information

[government.se/Public-Health-and-Health-Care](https://www.government.se/Public-Health-and-Health-Care)

